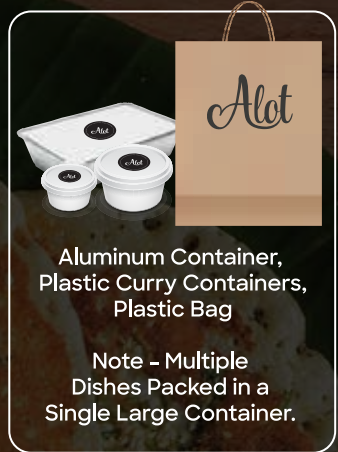




# REGULAR Menu

**SOUTH INDIAN CUISINE**

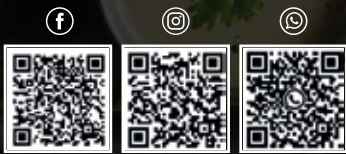
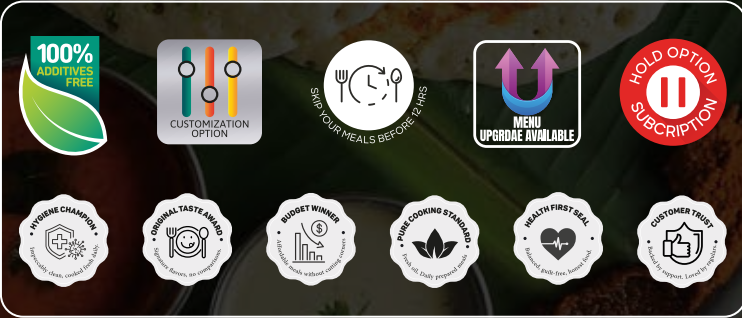
**5 TIME MEAL**



S.NO	REGULAR	FLEXITARIAN / VEGETARIAN / NON VEGETARIAN
1	BREAKFAST + MID MORNING SNACKS	340
2	TIFFIN LUNCH / DINNER	300
3	LUNCH + EVENING SNACKS	350
4	( BREAKFAST + MID MORNING SNACKS ) + TIFFIN LUNCH	600
5	( BREAKFAST + MID MORNING SNACKS ) + (LUNCH + EVENING SNACKS )	600
6	( BREAKFAST + MID MORNING SNACKS ) + DINNER	550
7	(LUNCH + EVENING SNACKS ) + DINNER / TIFFIN LUNCH + DINNER	550
8	( BREAKFAST + MID MORNING SNACKS ) + TIFFIN LUNCH + DINNER	800
9	( BREAKFAST + MID MORNING SNACKS ) + (LUNCH + EVENING SNACKS ) + DINNER	900

All items include VAT and are in AED for 26  
Sunday - Seperate menu.

Exclusively catering for Corporate or Group orders (Min 5 pax)



To Explore All Our Menus!

Alot Kitchen, Halawh Alkhyrat Cafe L.L.C., L06 - Greece Cluster, Shop #01, International city, Dubai

www.alotkitchen.com info@alotkitchen.com +971 56 9009 143

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### BREAKFAST

### MID MORNING SNACKS

### TIFFIN LUNCH

**MON** IDIYAPPAM + CHICKEN STEW  
**TUE** IDLI + CHICKEN KURUMA  
**WED** VEG SEMIYA UPMA + POTATO STEW  
**THU** ARI DOSA + EGG KURUMA  
**FRI** PURI + CHETTINAD EGG MASALA  
**SAT** PUTTU + BEEF CURRY

CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** IDIYAPPAM + EGG KURUMA  
**TUE** IDLI + BEEF CURRY  
**WED** UPMA + GREEN CHILLI CHICKEN  
**THU** ARI DOSA + CHICKEN KURUMA  
**FRI** APPAM + CHICKEN PEPPER ROAST  
**SAT** PUTTU + KADALA CURRY

FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** IDIYAPPAM + EGG STEW  
**TUE** IDLI + CHUTNEY (3 TYPE)  
**WED** OATS UPMA + BANANA (DOLL)  
**THU** ARI DOSA + POTATO KURUMA  
**FRI** PURI + VEG KURUMA  
**SAT** PUTTU + WHITE CHANA CURRY

CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** CHAPATI + CHICKEN MAPPAS  
**TUE** IDLI + CHICKEN SALNA  
**WED** MASALA UPMA + EGG BOILED  
**THU** DOSA + CHICKEN STEW  
**FRI** APPAM + EGG ROAST  
**SAT** WHEAT PUTTU + EGG KURUMA

FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD



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### LUNCH

### EVENING SNACKS

### DINNER

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

SPRING ROLL CHICKEN 25GM  
 POTATO BAJI  
 CHICKEN SAMOSA BIG 60 GM  
 CUTLETE VEGETABLE  
 CHICKEN PAKODA (4-5pcs)  
 ULLI VADA (5pcs)

CHAPATI + EGG MASALA + SALAD  
 KALLAPPAM + BEEF STEW + SALAD  
 PARATHA + ALOO MATTAR + SALAD  
 CHAPATI + CHILLI GOPY + SALAD  
 WHEAT PUTTU + FISH CURRY + SALAD  
 GHEE RICE + CHICKEN PEPPER MASALA + PICKLE

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 CHICKEN ADA

CHAPATI + VEG KURMA + SALAD  
 KALLAPPAM + CHICKEN STEW + SALAD  
 PARATHA + BEEF ROAST + SALAD  
 CHAPATI + VEG STEW + SALAD  
 WHEAT PUTTU + RED CHICKEN CURRY + SALAD  
 GHEE RICE + CHICKEN KADAI + PICKLE

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

SPRING ROLL CHICKEN 25GM  
 POTATO BAJI  
 CHICKEN SAMOSA BIG 60 GM  
 CUTLETE VEGETABLE  
 CHICKEN PAKODA (4-5pcs)  
 ULLI VADA (5pcs)

CHAPATI + VEG CURRY + SALAD  
 KALLAPPAM + CHICKEN MASALA + SALAD  
 PARATHA + CHICKEN JALFREZI + SALAD  
 CHAPATI + CHICKEN STEW + SALAD  
 WHEAT PUTTU + ALOO CHANA + SALAD  
 GHEE RICE + BEEF CURRY + PICKLE

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + KONDATTAM + CHAMANTHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 CHICKEN ADA

CHAPATI + CHICKEN CURRY + SALAD  
 KALLAPPAM + EGG KURMA + SALAD  
 PARATHA + VEG JALFREZI + SALAD  
 CHAPATI + SOYA CHUNK MASALA + SALAD  
 WHEAT PUTTU + EGG PEPPER MASALA + SALAD  
 GHEE RICE + NADAN CHICKEN CURRY + PICKLE



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	BREAKFAST	MID MORNING SNACKS	TIFFIN LUNCH
<b>MON</b>	IDIYAPPAM + GREEN PEAS CURRY	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>TUE</b>	IDLI + SAMBAR + CHUTNEY	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>WED</b>	VEG SEMIYA UPMA + POTATO STEW	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>THU</b>	ARI DOSA + GREEN PEAS CURRY	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>FRI</b>	PURI + ALOO BHAJI	CRACK PACK + TEA SACHET	VEG BIRYANI + RAITA + PICKLE + SWEET
<b>SAT</b>	PUTTU + CHERUPAYAR CURRY	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>MON</b>	IDIYAPPAM + WHITE CHANA MASALA	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>TUE</b>	IDLI + SAMBAR + CHUTNEY	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>WED</b>	UPMA + SAMBAR	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>THU</b>	ARI DOSA + MIX VEG STEW	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>FRI</b>	APPAM + VEG JALFREZI	FRUIT	VEG BIRYANI + RAITA + PICKLE + SWEET
<b>SAT</b>	PUTTU + KADALA CURRY	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>MON</b>	IDIYAPPAM + POTATO STEW	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>TUE</b>	IDLI + CHUTNEY (3 TYPE)	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>WED</b>	OATS UPMA + BANANA (DOLL)	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>THU</b>	ARI DOSA + POTATO KURUMA	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>FRI</b>	PURI + VEG KURUMA	CRACK PACK + TEA SACHET	VEG BIRYANI + RAITA + PICKLE + SWEET
<b>SAT</b>	PUTTU + WHITE CHANA CURRY	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>MON</b>	CHAPATI + TIKKA CHANA	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>TUE</b>	IDLI + SAMBAR + CHUTNEY	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>WED</b>	MASALA UPMA + TOMATO CHUTNEY	FRUIT	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD
<b>THU</b>	DOSA + SAMBAR + CHUTNEY	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD
<b>FRI</b>	APPAM + VANPAYARU CURRY	FRUIT	VEG BIRYANI + RAITA + PICKLE + SWEET
<b>SAT</b>	WHEAT PUTTU + PAZHAM NURUKKU + PAPADAM	CRACK PACK + TEA SACHET	MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD



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## LUNCH

**MON** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**FRI** VEG BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**FRI** VEG BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**FRI** VEG BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**TUE** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**WED** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD  
**FRI** VEG BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + VEG CURRY + SIDE CURRY + VEG FRY + UPPERI + CHAMANDHI PODI + PAPAD

## EVENING SNACKS

SUKHIYAN  
 POTATO BAJI  
 MASALA BONDA  
 CUTLETE VEGETABLE  
 VEG PAKODA (pcs)  
 ULLI VADA (5pcs)

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 PARIPPU VADA

SUKHIYAN  
 POTATO BAJI  
 MASALA BONDA  
 CUTLETE VEGETABLE  
 VEG PAKODA (pcs)  
 ULLI VADA (5pcs)

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 PARIPPU VADA

## DINNER

CHAPATI + VEG KADAI + SALAD  
 KALLAPPAM + POTATO STEW + SALAD  
 PARATHA + ALOO MATTAR + SALAD  
 CHAPATI + CHILLI GOPY + SALAD  
 WHEAT PUTTU + KADALA CURRY + SALAD  
 GHEE RICE + LAUKI ALOO SUBZI + PICKLE

CHAPATI + VEG KURMA + SALAD  
 KALLAPPAM + VEGITABLE STEW + SALAD  
 PARATHA + VEG KADAI + SALAD  
 CHAPATI + VEG STEW + SALAD  
 WHEAT PUTTU + GOPI MASALA + SALAD  
 GHEE RICE + PANEER MASALA + PICKLE

CHAPATI + VEG CURRY + SALAD  
 KALLAPPAM + ALAPPY VEG CURRY + SALAD  
 PARATHA + MATTAR MASALA + SALAD  
 CHAPATI + MASHROOM MASALA + SALAD  
 WHEAT PUTTU + ALOO CHANA + SALAD  
 GHEE RICE + MALABAR VEG STEW + PICKLE

CHAPATI + GREEN PEAS MASALA + SALAD  
 KALLAPPAM + VEG KURMA + SALAD  
 PARATHA + VEG JALFREZI + SALAD  
 CHAPATI + SOYA CHUNK MASALA + SALAD  
 WHEAT PUTTU + WHITE CHANA MASALA + SALAD  
 GHEE RICE + DAL CURRY + GOPI ROAST + PICKLE



# REGULAR Non-Vegetarian



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### BREAKFAST

### MID MORNING SNACKS

### TIFFIN LUNCH

**MON** IDIYAPPAM + CHICKEN STEW  
**TUE** IDLI + CHICKEN KURUMA  
**WED** VEG SEMIYA UPMA + EGG PEPPER MASALA  
**THU** ARI DOSA + EGG KURUMA  
**FRI** PURI + CHETTINAD EGG MASALA  
**SAT** PUTTU + BEEF CURRY

CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** IDIYAPPAM + EGG KURUMA  
**TUE** IDLI + BEEF CURRY  
**WED** UPMA + GREEN CHILLI CHICKEN  
**THU** ARI DOSA + CHICKEN KURUMA  
**FRI** APPAM + CHICKEN PEPPER ROAST  
**SAT** PUTTU + CHICKEN MULAKITTATH

FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** IDIYAPPAM + EGG STEW  
**TUE** IDLI + CHUTNEY (3 TYPE)  
**WED** OATS UPMA + BANANA (DOLL)  
**THU** ARI DOSA + CHICKEN ALAPPEY  
**FRI** PURI + EGG KURUMA  
**SAT** PUTTU + WHITE CHANA CURRY

CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** CHAPATI + CHICKEN MAPPAS  
**TUE** IDLI + CHICKEN SALNA  
**WED** MASALA UPMA + EGG BOILED  
**THU** DOSA + CHICKEN STEW  
**FRI** APPAM + EGG ROAST  
**SAT** WHEAT PUTTU + EGG KURUMA

FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET  
 FRUIT  
 CRACK PACK + TEA SACHET

MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
 CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
 MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD



# REGULAR Non-Vegetarian



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## LUNCH

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

**MON** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**TUE** MOTTA / BARIK RICE + BEEF CURRY + SIDE CURRY + UPPERI + PICKLE + PAPAD  
**WED** MOTTA / BARIK RICE + CHICKEN CURRY + CHICKEN FRY + UPPERI + PICKLE + PAPAD  
**THU** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD  
**FRI** CHICKEN BIRYANI + RAITA + PICKLE + SWEET  
**SAT** MOTTA / BARIK RICE + FISH CURRY + FISH FRY + SIDE CURRY + UPPERI + PICKLE + SCRAMBLED EGG + CHAMANTHI PODI + PAPAD

## EVENING SNACKS

SPRING ROLL CHICKEN 25GM  
 POTATO BAJI  
 CHICKEN SAMOSA BIG 60 GM  
 CUTLETE VEGETABLE  
 CHICKEN PAKODA (4-5pcs)  
 ULLI VADA (5pcs)

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 CHICKEN ADA

SPRING ROLL CHICKEN 25GM  
 POTATO BAJI  
 CHICKEN SAMOSA BIG 60 GM  
 CUTLETE VEGETABLE  
 CHICKEN PAKODA (4-5pcs)  
 ULLI VADA (5pcs)

KAYA BAJJI  
 ONION PAKODA (5pcs)  
 VEGETABLE SAMOSA 60GRM  
 PAZHAMPORI  
 PUNJABI SAMOOSA 100G  
 CHICKEN ADA

## DINNER

CHAPATI + EGG MASALA + SALAD  
 KALLAPPAM + BEEF STEW + SALAD  
 PARATHA + FISH BHUNA (WHITE FISH/FILLET) + SALAD  
 CHAPATI + CHICKEN TIKKA MASALA + SALAD  
 WHEAT PUTTU + FISH CURRY + SALAD  
 GHEE RICE + CHICKEN PEPPER MASALA + PICKLE

CHAPATI + CHICKEN KADAI + SALAD  
 KALLAPPAM + CHICKEN STEW + SALAD  
 PARATHA + BEEF ROAST + SALAD  
 CHAPATI + EGG ROGAN JOSH + SALAD  
 WHEAT PUTTU + RED CHICKEN CURRY + SALAD  
 GHEE RICE + CHICKEN KADAI + PICKLE

CHAPATI + VEG CURRY + SALAD  
 KALLAPPAM + CHICKEN MASALA + SALAD  
 PARATHA + CHICKEN JALFREZI + SALAD  
 CHAPATI + CHICKEN STEW + SALAD  
 WHEAT PUTTU + CHICKEN KORMA + SALAD  
 GHEE RICE + BEEF CURRY + PICKLE

CHAPATI + CHICKEN CURRY + SALAD  
 KALLAPPAM + EGG KURMA + SALAD  
 PARATHA + CHICKEN JALFREZI + SALAD  
 CHAPATI + CHICKEN SUKKA + SALAD  
 WHEAT PUTTU + EGG PEPPER MASALA + SALAD  
 GHEE RICE + NADAN CHICKEN CURRY + PICKLE